



AES

Atlantic Eye Symposium

Kathleen Digre is a Distinguished Professor of Neurology and Professor of Ophthalmology and Adjunct Professor of Obstetrics and Gynecology at the University of Utah School Of Medicine. After receiving her BA from Augustana College (Sioux Falls, South Dakota) in English and German, she earned a Master's Degree at the University of Arkansas in English literature. She matriculated with a MD from the University of Iowa in 1981, followed by an internship in internal medicine, neurology residency, and neuro-ophthalmology fellowship at the University of Iowa. She joined the University of Utah faculty in 1987 and directed the Neuro-ophthalmology program and clinic at the Moran Eye Center. She is currently the Division Director of Headache and Neuro-ophthalmology at the University of Utah.

Dr. Digre was the president of the North American Neuro-ophthalmology Society, having served on the board of directors for 9 years. She served as secretary to the American Neurological Association. She now sits on the board of directors as the president-elect for the American Headache Society. She examined for the Board of Neurology and Psychiatry. Dr. Digre sits on the editorial board for the Journal of Neuro-ophthalmology and reviews for 18 medical journals.

She recently co-authored the book: Case-based Guide to Eye Pain. She directs the Center of Excellence in Women's Health at the University of Utah.

Her research focuses on clinical disorders of the optic disc, increased intracranial pressure (pseudotumor cerebri) and anterior ischemic optic neuropathy, migraine, photophobia, and neuro-ophthalmic disorders in pregnancy. She is the author of over one-hundred peer-reviewed articles, reviews and abstracts, and she lectures in the United States and Internationally.

Working with the North American Neuro-ophthalmology Society (NANOS) and the University of Utah's Eccles Health Sciences Library, she helped to develop a virtual library in neuro-ophthalmology—NOVEL (<http://novel.utah.edu>)—which is available free over the internet to educate students, residents and even patients in neuro-ophthalmologic conditions. It is accessed by over 2.5 million times from over 150 countries each year.

Honors awarded to Dr. Digre include: Phi Beta Kappa, Alpha Omega Alpha, Fellowship award to the Hedwig van Ameringen Executive Leadership in Academic Medicine (ELAM). She received the 2004 Gender Equity Award. Since 1994, she has been listed in "Best Doctors in America". She is certified by the United Council of Neurological Specialties in Headache Medicine. In 2008 she received both The Distinguished Service Award from the North American Neuro-ophthalmology Society and also the Linda K Amos Distinguished Service to Women Award from the University of Utah. In 2010 she received the Special Services to Libraries Award by the Utah Library Association. In 2012 she received the Martha Hughes Cannon Award—recognizing her efforts in women's health for the state of Utah. In 2012 she received the Rosenblatt Award from the University of Utah—the University's highest honor. In 2014 she was the first Hedi Fritz Niggli Guest Professor at the University of Zurich—where she worked to promote women faculty in the medical school. In 2018 she received an honorary doctorate from the University of Zurich.

Dr. Digre is married with two adult daughters. Her hobbies include reading and discussing books, running, skiing, fishing, opera, hiking, and traveling.

