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Dr. Sheldon completed a combined MD/PhD degree (Physiology), followed by ophthalmology residency training, at the University of British Columbia. She then went on to complete neuro-ophthalmology fellowship training at the University of Pennsylvania. She is currently Clinical Associate Professor, at the University of British Columbia, Department of Ophthalmology & Visual Sciences. She recently completed a 5-yr tenure as Ophthalmology Residency Program Director at UBC, at the completion of which she was awarded the PGME's Outstanding Contribution Award 2023. At present, Dr. Sheldon practices full-time sub-specialty neuro-ophthalmology, teaching learners of all stages while focussing on providing high-quality medical care and supporting patients & families through their visual journeys.