Dr. Nour Nofal earned her Doctor of Medicine at the University of Montreal, Quebec. She completed her Residency program, Ophthalmology at McGill University, Montreal, Quebec where she was named Chief Resident and won the Resident Cataract Surgical Skills Award in her graduating year. Afterwards, she completed a yearlong fellowship specializing in Cornea at the Royal Victorian Eye and Ear Hospital in Melbourne, Australia. She specialized in cornea transplants, corneal cross-linking, complex anterior segment and cataract surgeries. Dr Nofal's work has been featured in a variety of publications including journals and books such as Cornea and the Canadian Journal of Ophthalmology.

Dr Nofal's main practice is in in Oakville, Ontario, where she has a dedicated cornea practice. She has a refractive practice in Burlington and Barrie, Ontario. In addition, she travels to St. John's, Newfoundland, to provide specialized cornea care, including performing corneal transplants, ensuring access to essential eye care services in the region.

During her free time, Dr Nofal is an avid scuba diver, pilates instructor and skiier. Her biggest passion is flying and you'll often find her flying planes on floats as well as gliders across Canada.